

Morning Prayer & Holy Eucharist Rite I
April 3, 2025
The Thursday after the Fourth Sunday in Lent

The Opening Sentence, *prayed by the Officiant.*

✝ I will arise and go to my father, and will say unto him, “Father, I have sinned against heaven, and before thee, and am no more worthy to be called thy son. – *Luke 15:18,19*

The Confession of Sin & Absolution

Officiant Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Officiant and People pray together,

Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Almighty and merciful Lord ✝ grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

The Invitatory and Psalter

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Glory to the Father, and to the Son, and to the Holy Spirit: *

As it was in the beginning, is now, and will be forever. Amen.

Officiant *The Lord is full of compassion and mercy: O come, let us adore him.*

The Venite, *prayed by all.*

O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving, *
and show ourselves glad in him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are all the corners of the earth, *
and the strength of the hills is his also.
The sea is his and he made it, *
and his hands prepared the dry land.
O come, let us worship and fall down *
and kneel before the Lord our Maker.
For he is the lord our God, *
and we are the people of his pasture
and the sheep of his hand.
Today if ye will hear his voice, harden not your hearts *
as in the provocation,
and as in the day of temptation in the wilderness;
When your fathers tempted me, *
proved me, and saw my works.
Forty years long was I grieved with this generation, and said, *
It is a people that do err in their hearts,
for they have not known my ways.
Unto whom I swear in my wrath, *
that they should not enter into my rest.

The Psalm Appointed: Psalm 15 *prayed by all.*

LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
There is no guile upon his tongue; he does no evil to his friend; *
he does not heap contempt upon his neighbor.
In his sight the wicked is rejected, *
but he honors those who fear the LORD.
He has sworn to do no wrong *
and does not take back his word.
He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
Whoever does these things *
shall never be overthrown.

Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be forever. Amen.

A Reading from the Letter to the Romans.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

The Word of the Lord.

Thanks be to God.

Canticle 2. A Song of Praise, *prayed by all.*

Blessed art thou, O Lord God of our fathers; *
praised and exalted above all for ever.
Blessed art thou for the Name of thy Majesty; *
praised and exalted above all for ever.
Blessed art thou in the temple of thy holiness; *
praised and exalted above all for ever.
Blessed art thou that beholdest the depths,
and dwellest between the Cherubim; *
praised and exalted above all for ever.
Blessed art thou on the glorious throne of thy kingdom; *
praised and exalted above all for ever.
Blessed art thou in the firmament of heaven; *
praised and exalted above all for ever.
Blessed art thou, O Father, Son, and Holy Spirit; *
praised and exalted above all for ever.

The Second Lesson

John 6:41-51

A Reading from the Gospel of John.

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Word of the Lord.

Thanks be to God.

Canticle 5. The Song of Simeon, *prayed by all.*

Lord, now lettest thou thy servant depart in peace, *
according to thy word;
For mine eyes have seen thy salvation, *
which thou hast prepared before the face of all people,
To be a light to lighten the Gentiles, *
and to be the glory of thy people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be forever. Amen.

The Apostles' Creed, *prayed by all.*

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.

From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
✠ the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.
People **And with thy spirit.**
Officiant Let us pray.

The Suffrages

V. O Lord, save thy people and bless thine heritage;
R. **Govern them and lift them up for ever.**
V. Day by day we magnify thee;
R. **And we worship thy name ever, world without end.**
V. Vouchsafe, O Lord, to keep us this day without sin;
R. **O Lord, have mercy upon us, have mercy upon us.**
V. O Lord, let thy mercy be upon us;
R. **As our trust is in thee.**
V. O Lord, in thee have I trusted;
R. **Let me never be confounded.**

The Collects, *prayed by the Officiant.*

The Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for Guidance

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life we may not forget thee, but may remember that we are ever walking in thy sight; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. **Amen.**

The Intercessions

The General Thanksgiving, *prayed by all.*

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. Amen.

The Homily

A Prayer of St. Chrysostom, *prayed by the Officiant.*

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

Let us walk in love as Christ loved us, and gave himself for us, an offering and sacrifice to God.

The Holy Eucharist

Eucharistic Prayer II

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Lift up your hearts.
People **We lift them up unto the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is meet and right so to do.**

The Celebrant continues,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Celebrant and People pray together,

Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy Glory. Glory be to thee, O Lord Most High. † Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Celebrant continues,

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and **✠** be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

All pray together,

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

The Prayer of Humble Access, *prayed by all.*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under

thy Table. But thou art the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him, in your hearts, by faith, with thanksgiving.

The Holy Communion

A Prayer for Spiritual Communion (*for those joining via the live-stream*),

*My Jesus,
I believe that you are present in the Most Holy Sacrament.
I love you above all things, and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there and unite myself wholly to you.
Never permit me to be separated from you. Amen.*

The Post-Communion Prayer, *prayed by all.*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing & Dismissal

Celebrant Grant, most merciful God, to thy faithful people pardon and peace, that we may be cleansed from all our sins, and serve thee with a quiet mind; and the ✠ blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**